

2023 *Preventive Medication List*



SecurityHealth PlanSM

Promises kept, plain and simple.[®]

Introduction

In addition to a healthy lifestyle, preventive prescription drugs are important in helping people avoid many types of illnesses and complications from illnesses. This book contains a list of the most commonly prescribed preventive prescription drugs. It does not include all conditions that may be prevented with prescription drugs. The prescription drugs listed here serve to maintain a person's health status and help them avoid acute complications. This list is not all-inclusive and is subject to change.

Important facts about this benefit

- Quantity limits, step therapy, prior authorizations and other coverage limitations^{*} may apply on select products. Please refer to the formulary for the most current limitations.
- Quantities are limited to a maximum 3-month supply per fill.
- Tier 3 medications listed in the Security Health Plan Formulary are not routinely placed on the preventive list.
- If a generic equivalent product is available, the originator brand medication will not be covered (Example: simvastatin is covered, Zocor® is not).
- This list is updated annually on a calendar year basis.

The covered preventive drugs are divided into medication categories. Drugs are considered preventive by Security Health Plan when taken by a person who has developed risk factors for a disease that has not yet become clinically apparent (e.g., blood pressure or cholesterol drugs to prevent heart attack or stroke). Taking these medications as directed by your prescriber can help avoid serious health problems.

Note: Please refer to your plan documents for specific information on the coverage of preventive medications.

You can view your Summary of Benefits and Certificate of Coverage or Policy online when you log in to your My Security Health Plan account. If you don't have an account go to www.securityhealth.org/registration.

Preventive Medication List

Asthma and chronic obstructive pulmonary disease (COPD)

Prevention of an asthma or COPD episode

Advair® Diskus
Advair® HFA inhaler
albuterol HFA inhaler
albuterol nebulles
albuterol sulfate ER tablet
albuterol sulfate tablet
albuterol syrup
Anoro® Ellipta inhaler
Arnuity® Ellipta inhaler
Breo® Ellipta inhaler
Breztri® HFA inhaler
budesonide suspension
Combivent® Respimat inhaler
cromolyn nebulles
Flovent® Diskus
Flovent® HFA inhaler
fluticasone-salmeterol inhaler (generic Airello®)
ipratropium-albuterol nebulles
ipratropium bromide 0.02% solution nebulles
levalbuterol nebulles
metaproterenol syrup
montelukast granules
montelukast tablet
montelukast chewable tablet
QVAR® RediHaler
Serevent® Diskus
select spacers
Spiriva® Handihaler
Spiriva® Respimat inhaler
Stiolto® Respimat inhaler
Striverdi® Inhaler
Symbicort® HFA inhaler
terbutaline tablet
theophylline elixir
theophylline ER tablet
theophylline tablet
Trelegy® Ellipta inhaler
zaflurkast tablet

Blood thinners

Prevention of stroke, blood clot or repeat heart attack

aspirin-dipyridamole ER capsule
cilostazol tablet
clopidogrel tablet
dipyridamole tablet
Eliquis® tablet
Jantoven® tablet
prasugrel tablet
warfarin tablet
Xarelto® tablet

Diabetes

Prevention of complications related to high blood sugar

Medications for diabetes:

acarbose tablet
Bydureon® injection
Byetta® injection
Farxiga® tablet
glimepiride tablet
glipizide tablet
glipizide ER tablet
glipizide XL tablet
glipizide-metformin tablet
glyburide tablet
glyburide-metformin tablet
Janumet® tablet
Janumet® XR tablet
Januvia® tablet
Jardiance® tablet
metformin tablet
metformin ER tablet
Mounjaro®
nateglinide tablet
Ozempic® injection
pioglitazone-glimepiride tablet
pioglitazone tablet
repaglinide tablet
repaglinide-metformin tablet
Rybelsus® tablet
Synjardy® tablet
Synjardy® XR tablet
Trulicity® injection
Victoza® injection
Xigduo® XR tablet

Diabetes (*continued*)

Prevention of complications related to high blood sugar

Insulins

Fiasp®
Fiasp® Flextouch
Fiasp® Penfill
Humulin® R U-500
Humulin® R U-500 Kwikpen
Levemir®
Levemir® Flextouch
Novolin® 70-30
Novolin® 70-30 Flexpen
Novolin® N
Novolin® N Flexpen
Novolin® R

†

Novolin® R Flexpen
Novolog®
Novolog® Flexpen
Novolog® Mix 70-30
Novolog® Mix 70-30 Flexpen
Semglee®
Semglee® Pen
Tresiba®
Tresiba® Flextouch

Diabetic Supply List

alcohol prep pads
batteries
Baqsimi® nasal spray
chemstrips
Dexcom® G6
Diastix® (urine glucose test strips)
control solution
FreeStyle® Freedom Lite meter
FreeStyle® Libre reader
FreeStyle® Libre sensors
Freestyle® Libre 2 reader
Freestyle® Libre 2 sensors
Freestyle® Libre 3 reader
Freestyle® Libre 3 sensors
FreeStyle® Lite meter
FreeStyle® Lite test strips
FreeStyle® test strips

Glucagon® emergency kit
Gvoke® Hypopen
Gvoke® syringe
Gvoke® Vial
insulin needles
insulin syringes
Keto-Diastix® (urine glucose-acet test strip)
lancets
Novopen® Echo
Novolog® Inpen
pen needles
Precision® Neo meter
Precision® Neo test strips
Precision® Xtra beta ketone test strips
Precision® Xtra meter
Precision® Xtra test strips
Zegalogue®

Heart disease

Prevention of heart disease

amiodarone tablet
digoxin tablet
digoxin oral solution
disopyramide capsule
dofetilide capsule
flecainide tablet
isosorbide dinitrate tablet

isosorbide mononitrate tablet
mexilitine capsule
nitroglycerin sublingual tablet
propafenone tablet
quinidine tablet
sotalol AF tablet
sotalol tablet

High blood pressure

Prevention of stroke, complications due to high blood pressure and reoccurrence of heart attack

acetazolamide tablet hydrochlorothiazide capsule
acetazolamide ER tablet hydrochlorothiazide tablet
acebutolol capsule indapamide tablet
amiloride tablet irbesartan-HCTZ tablet
amiloride-HCTZ tablet irbesartan tablet
amlodipine tablet isradipine capsule
amlodipine-valsartan tablet Katerzia® suspension
amlodipine-valsartan-HCTZ tablet labetalol tablet
amlodipine-benazepril tablet lisinopril tablet
atenolol tablet lisinopril-HCTZ tablet
atenolol-chlorthalidone tablet losartan tablet
benazepril tablet losartan-HCTZ tablet
benazepril-HCTZ tablet methyldopa tablet
betaxolol tablet metolazone tablet
bisoprolol tablet metoprolol succinate ER tablet
bisoprolol-HCTZ tablet metoprolol tartrate tablet
bumetanide tablet metoprolol-HCTZ tablet
candesartan tablet minoxidil tablet
candesartan-HCTZ tablet moxipril tablet
captopril tablet nadolol tablet
captopril-HCTZ tablet nebivolol tablet
Cartia® XT capsule nifedipine ER tablet
carvedilol tablet Norliqva® oral solution
chlorothiazide tablet olmesartan tablet
chlorthalidone tablet olmesartan-HCTZ tablet
clonidine tablet perindopril tablet
clonidine transderm patch pindolol tablet
Dilt® XR capsule prazosin capsule
diltiazem 12Hr ER capsule propranolol tablet
diltiazem 24Hr CD capsule propranolol ER capsule
diltiazem 24Hr ER capsule propranolol-HCTZ tablet
diltiazem ER capsule quinapril tablet
diltiazem tablet quinapril-HCTZ tablet
doxazosin capsule ramipril capsule
enalapril tablet spironolactone tablet
enalapril-HCTZ tablet spironolactone-HCTZ tablet
enalapril oral solution telmisartan tablet
eplerenone tablet telmisartan-HCTZ tablet
eprosartan tablet terazosin capsule
ethacrynic acid tablet timolol tablet
felodipine ER tablet torsemide tablet
fosinopril tablet trandolapril tablet
fosinopril-HCTZ tablet trandolapril-verapamil ER tablet
furosemide solution triamterene-HCTZ capsule
furosemide tablet triamterene-HCTZ tablet
guanfacine tablet valsartan tablet
hydralazine tablet valsartan-HCTZ tablet
verapamil tablet verapamil ER tablet

High cholesterol

Prevention of heart disease

| | |
|--|---------------------|
| atorvastatin tablet | gemfibrozil tablet |
| cholestyramine for oral suspension | lovastatin tablet |
| cholestyramine light for oral suspension | niacin ER tablet |
| colestipol packet | pravastatin tablet |
| colestipol granules | Praluent® injection |
| colestipol tablet | Repatha® injection |
| ezetimibe tablet | rosuvastatin tablet |
| fenofibrate (54mg, 160mg) tablet | simvastatin tablet |
| fenofibric acid tablet | Vascepa® capsule |
| fenofibric acid DR capsule | |
| fluvastatin capsule | |

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Mental health

Prevention of symptoms of anxiety, depression or other mood disorders

| | |
|------------------------------------|--------------------------------------|
| citalopram tablet | fluoxetine solution |
| citalopram solution | paroxetine tablet (10, 20, 30 40 mg) |
| escitalopram tablet | sertraline tablet |
| escitalopram solution | sertraline solution |
| fluoxetine capsule (10, 20, 40 mg) | |

Osteoporosis (bone disease)

Prevention of bone fractures

| | |
|---------------------------------|--------------------|
| alendronate tablet | raloxifene tablet |
| calcitonin (Salmon) Nasal spray | risedronate tablet |
| ibandronate tablet | |

Prenatal vitamins

Prevention of birth defects

Select generic prenatal vitamins

SecurityHealth Plan_{SM}

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ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-800-472-2363 (TTY 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-472-2363 (TTY 711).

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-472-2363 (TTY 711).