



# Elementary School Lunch Menu

# May 2017

Newton Meal (Bagel, String Cheese and Yogurt)  
Available daily as entrée option.



Menu items subject to change without notice

## Monday

### Italian Dunkers

Salad  
Broccoli  
Fruit  
Milk

**Alternate Entrée:**  
Pepperoni Pizza

## Tuesday

### Turkey Burrito Bowl

Brown Rice  
Corn  
Celery  
Fruit  
Milk

**Alternate Entrée:**  
Chicken Patty on Bun

## Wednesday

### Open Faced Pepperoni Calzone

Mixed Vegetables  
Cherry Tomatoes  
Fruit  
Milk

**Alternate Entrée:**  
Hamburger on Bun

## Thursday

### Tachos

Spanish Rice  
Refried Beans  
Romaine Lettuce  
Diced Tomatoes  
Fruit  
Milk

**Alternate Entrée:**  
Mini Corndogs

## Friday

### Hot Dog on a Bun

Garden Salad  
Baked Fries  
Fruit  
Milk

**Alternate Entrée:**  
Chicken Nuggets

### Baked Ziti

Corn  
Fresh Broccoli  
Fruit  
Milk

**Alternate Entrée:**  
Pepperoni Pizza

### Beef Taco

Spanish Rice  
Pinto Beans w/Salsa  
Tomatoes  
Romaine Lettuce  
Fruit  
Milk

**Alternate Entrée:**  
Chicken Patty on Bun

### Roast Turkey w/Gravy

Dinner Roll  
Smashed Yukon Gold  
Potatoes  
Cider Glazed Squash  
Fruit  
Milk

**Alternate Entrée:**  
Hamburger on Bun

### Teriyaki Chicken

Brown Rice  
Orange Glazed Carrots  
Fresh Broccoli  
Fruit  
Milk

**Alternate Entrée:**  
Mini Corndogs

### Pepperoni Pizza

Garden Salad  
Green Beans  
Fruit  
Milk

**Alternate Entrée:**  
Chicken Nuggets

### Pancakes

Scrambled Eggs  
Tator Tots  
Baby Carrots  
Syrup  
Fruit  
Milk

**Alternate Entrée:**  
Pepperoni Pizza

### Meatball Sub

Spaghetti  
Popeye Salad  
Italian Vegetables  
Fruit  
Milk

**Alternate Entrée:**  
Chicken Patty on Bun

### Pulled Pork Sandwich

Sweet Potato Waffle  
fries  
Corn Cobette  
Fruit  
Milk

**Alternate Entrée:**  
Hamburger on Bun

### Chicken Burrito

Pinto Beans  
Salsa  
Fruit  
Milk

**Alternate Entrée:**  
Mini Corndogs

### Cheese Pizza

Jo Jo's  
Garden Salad  
Fruit  
Milk

**Alternate Entrée:**  
Chicken Nuggets

### Walking Taco

Spanish Rice  
Refried Beans  
Romaine Lettuce  
Diced Tomatoes  
Fruit  
Milk

**Alternate Entrée:**  
Pepperoni Pizza

### Hot Turkey Sandwich

Baby Carrots  
Mashed Potatoes  
Fruit  
Milk

**Alternate Entrée:**  
Chicken Patty on Bun

### Hot Dog on a Bun

Garden Salad  
Seasoned Green  
Beans  
Fruit  
Milk

**Alternate Entrée:**  
Hamburger on Bun

### Chili Con Carne

Dinner Roll  
Celery  
Garden Salad  
Fruit  
Milk

**Alternate Entrée:**  
Mini Corndogs

### Chicken Alfredo

Garlic Breadstick  
Popeye Salad  
Italian Vegetables  
Fruit  
Milk

**Alternate Entrée:**  
Chicken Nuggets

No School

### Chicken Fajitas

Pinto Beans  
Romaine Lettuce  
Diced Tomatoes  
Salsa  
Fruit  
Milk

**Alternate Entrée:**  
Chicken Patty on Bun

### Frito Pie

Romaine Lettuce  
Cherry Tomatoes  
Tortilla  
Fruit  
Milk

**Alternate Entrée:**  
Hamburger on Bun

FOOD FOR THOUGHT:  
ROMAINE

Lettuce is a member  
of the sunflower  
family.

**FRESH  
PICKS.**



Lunch Includes Nutrition Bar Sides & Choice of Milk

#### Lunch Prices:

Paid: \$2.30 A la Carte Milk: \$0.40  
Reduced \$0.10

This institution is an equal opportunity provider.

#### NUTRITION BAR

Included with your meal and offered daily. Choose from a variety of fruits or vegetables.

Menu Key: FP = Fresh Pick

All grains served are whole grain-rich.

*A'viands*