

FUEL ZONE CAFE

MIDDLE SCHOOL Lunch Menu

FEBRUARY 2018

Nutrition Bar (fruits and vegetables) offered daily with your choice of entrée and milk. Choose from a variety of fruits and vegetables



Menu items subject to change without notice

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Walking Taco
Zesty Spanish Rice
Mexi-corn
Crisp Iceberg Lettuce

Hot Toasted Buffalo Chicken Hoagie
Zesty Ranch JoJos
Crisp Celery Sticks

Homemade Mac & Cheese
Warm Golden Breadstick
Steamed Peas
Fresh Baby Carrots

Delicious Chicken Fajitas
Pinto Beans
Crisp Iceberg Lettuce
Fresh Diced Tomatoes
Salsa

Hot Ham & Cheese
Baked Fries
Steamed Carrots

Cheesy Beef Pasta Bake
Steamed Mixed Vegetables
Fresh Celery Sticks
Garlic Breadstick

Tangy Sloppy Joes
Sweet Corn
Fresh Garden Salad

Toasted Waffle Breakfast Sandwich
Tater Tots
Fresh Broccoli Trees

Golden Corn Dog
Baked Fries
Steamed Carrots

Crispy Fish Sticks with Sun chips
Tangy Coleslaw
Fresh Baby Carrots

Warm BBQ Chicken Sandwich
Creole Roasted Potatoes
Crisp Iceberg Lettuce
Fresh Diced Tomatoes

No School

Toasty Grilled Cheese
Steamed Mixed Vegetables
Fresh Popeye Salad
Tomato Soup

Golden Chicken Nuggets
Steamed Green Beans
Fresh Baby Carrots
Dinner Roll

Zesty Tachos
Spanish Rice
Crisp Iceberg Lettuce
Fresh Diced Tomatoes
Pinto Beans

Chili Dog with Sun chips
Baked French Fries
Fresh Baby Carrots

BBQ Pulled Pork Sandwich
Sweet Potato Waffle Fries
Sweet Corn

Toasted Chicken Philly Hoagie
Sweet Corn
Fresh Broccoli

Crunchy Frito Pie
Zesty Spanish Rice
Pinto Beans w/Salsa
Fresh Diced Tomatoes
Crisp Iceberg Lettuce

Roasted Turkey w/Gravy
Biscuit
Smashed Yukon Gold Potatoes
Crunchy Baby Carrots



Prices

Lunch:

Grades 5-8: \$2.55
Reduced: \$0.40
Adult: \$3.75
Milk: \$0.40

The Grille

Daily Grill Items

Hamburger
Cheeseburger
Chicken Patty

All grill items include choice of fresh toppings



Menu Key: **FP** = Fresh Pick • **WG** = Whole Grain

GOOD to GO

Served Daily

Assorted Sub Sandwiches and Fresh Salads

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