



MIDDLE SCHOOL Lunch Menu

MAY 2017

Nutrition Bar (fruits and vegetables) offered daily with your choice of entrée and milk. Choose from a variety of fruits and vegetables



Menu items subject to change without notice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Italian Dunkers Garden Salad Broccoli	2 Spicy Mexican Chicken Brown Rice Corn Celery	3 Open Faced Pepperoni Calzone Mixed Vegetables Cherry Tomatoes	4 Lots-O-Tots Spanish Rice Refried Beans Romaine Lettuce Tomatoes	5 Hot Turkey Sandwich Steamed Peas Mashed Potatoes
8 Baked Ziti Corn Fresh Broccoli	9 Chili Dog Spanish Rice Pinto Beans w/Salsa Tomatoes Romaine Lettuce	10 Roasted Turkey with Gravy Dinner Roll Smashed Yukon Gold Potatoes Cider Glazed Squash	11 Sweet and Sour Chicken Nuggets Brown Rice Orange Glazed Carrots Fresh Broccoli	12 Meatloaf Dinner Roll Romaine Garden Salad Green Beans
15 Corn Dog Steamed Carrots Cheesy Broccoli	16 Chicken Parmesan Spaghetti Popeye Salad Italian Mix Vegetables	17 Pulled Pork Sandwich with Pineapple Jam and Spicy Mayo Sweet Potato Waffle Fries Corn Cobbette	18 Chicken Taco Baked Fries Romaine Lettuce Tomatoes	19 Korean BBQ Turkey Brown Jasmine Rice Oriental Vegetables Edamame
22 Beef Walking Taco Spanish Rice Black Bean Salad Romaine Lettuce Tomatoes	23 Hot Turkey Sandwich Baby Carrots Mashed Potatoes	24 Spaghetti with Meat Sauce Garlic Breadstick Popeye Salad Italian Vegetables	25 Chili Con Carne Dinner Roll Celery Romaine Garden Salad	26 Chicken and Waffles Jo Jos Celery
29 No School	30 Chicken Fajita Pinto Beans Romaine Lettuce Tomatoes Salsa	31 Breaded Fish Sandwich Romaine Lettuce Tomatoes	 ChooseMyPlate.gov	Lettuce is harvested by hand. 

Prices

Lunch:

Grades 5-8:	\$2.45
Reduced:	\$0.40
Adult:	\$3.65
Milk:	\$0.40

The Grille

Daily Grill Items

Hamburger
Cheeseburger
Chicken Patty

All grill items include choice of fresh toppings



Menu Key: FP = Fresh Pick
All grains served are whole grain-rich

GOOD to GO

Served Daily

Assorted Sub Sandwiches and Fresh Salads

A'viands