

Newton's Eat-In Adventure

JULY | 2018

LUNCH IS SERVED 12PM-1PM

MENU ITEMS SUBJECT TO CHANGE WITHOUT NOTICE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<p>9 Crispy Chicken Patty 1 ea ½ c Sweet Corn ½ c Fresh Broccoli Alternative Entrée: Ham and Cheese Sandwich 1 ea</p>	<p>10 Walking Tacos 1 ea Zesty Spanish Rice ½ c ½ c Pinto Beans w/Salsa ¼ c Fresh Diced Tomatoes ½ c Crisp Romaine Lettuce Alternative Entrée: Ham and Cheese Sandwich 1 ea</p>	<p>11 Fresh Baked Pizza 1 slice ½ c Crunchy Baby Carrots ½ c Fresh Broccoli Alternative Entrée: Ham and Cheese Sandwich 1 ea</p>	<p>12 Sweet & Sour Chicken Nuggets 1 serving Brown Rice ½ c ½ c Orange Glazed Carrots ½ c Fresh Broccoli Alternative Entrée: Ham and Cheese Sandwich 1 ea</p>	<p>13 Cheeseburger 1 ea 1 c Fresh Celery Sticks ½ c Steamed Green Beans Alternative Entrée: Ham and Cheese Sandwich 1 ea</p>
<p>16 French Toast Sticks 2G Scrambled Eggs ¼ c ½ c Toasty Tator Tots ½ c Crunchy Baby Carrots Alternative Entrée: Ham and Cheese Sandwich 1 ea</p>	<p>17 Warm BBQ Chicken Sandwich 1 ea ½ c Creole Potatoes ½ c Crisp Romaine Lettuce ½ c Fresh Diced Tomatoes Alternative Entrée: Ham and Cheese Sandwich 1 ea</p>	<p>18 Cheesy Beef Nachos 1 serv. ½ c Refried Beans ½ c Crisp Romaine Lettuce ½ c Fresh Diced Tomatoes Alternative Entrée: Ham and Cheese Sandwich 1 ea</p>	<p>19 Golden Corn Dog 1 ea ½ c Tangy Coleslaw ½ c Fresh Baby Carrots Alternative Entrée: Ham and Cheese Sandwich 1 ea</p>	<p>20 Crispy Fish Sticks with Sun chips ½ c Fresh Celery Sticks ½ c Steamed Peas Golden Breadstick 1 ea Alternative Entrée: Ham and Cheese Sandwich 1 ea</p>
<p>23 Mac & Cheese 1 serving Golden Breadstick 1 ea ½ c Steamed Peas ½ c Fresh Baby Carrots Alternative Entrée: Ham and Cheese Sandwich 1 ea</p>	<p>24 Beef Tacos 2 ea ½ c Pinto Beans ½ c Crisp Romaine Lettuce ½ c Fresh Diced Tomatoes ¼ c Salsa Alternative Entrée: Ham and Cheese Sandwich 1 ea</p>	<p>25 Fresh Baked Pizza 1 slice ½ c Crunchy Baby Carrots ½ c Fresh Broccoli Alternative Entrée: Ham and Cheese Sandwich 1 ea</p>	<p>26 Chili Dog with Sun Chips 1 serving ½ c Mixed Vegetables ½ c Romaine Garden Salad Alternative Entrée: Ham and Cheese Sandwich 1 ea</p>	<p>27 Sloppy Joes 1 ea ½ c Sweet Corn 1 c Fresh Celery Sticks Alternative Entrée: Ham and Cheese Sandwich 1 ea</p>
<p>30 Crispy Chicken Patty 1 ea ½ c Sweet Corn ½ c Fresh Broccoli Alternative Entrée: Ham and Cheese Sandwich 1 ea</p>	<p>31 Walking Tacos 1 ea Zesty Spanish Rice ½ c ½ c Pinto Beans w/Salsa ¼ c Fresh Diced Tomatoes ½ c Crisp Romaine Lettuce Alternative Entrée: Ham and Cheese Sandwich 1 ea</p>			

NUTRITION BAR

Included with your meal and offered daily.
 Choose from a variety of fresh fruits or vegetables.

For questions and comments, please email the Food Service Director at medford@aviands.com or call 715-748-5951

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This institution is an equal opportunity provider