

# 2018 ASCVD Risk Form

This Risk Estimator enables health care providers and patients to estimate 10-year and lifetime risks for atherosclerotic cardiovascular disease (ASCVD), defined as coronary death or nonfatal myocardial infarction, or fatal or nonfatal stroke, based on the Pooled Cohort Equations and lifetime risk prediction tools.

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Birth Date: \_\_\_\_\_

## Information Needed to Calculate ASCVD Risk

**Please submit the following results for your ASCVD Risk Calculation:**

Gender: Male: \_\_\_\_\_ Female: \_\_\_\_\_

Age: \_\_\_\_\_

Race: White: \_\_\_\_\_ African American: \_\_\_\_\_ Other: \_\_\_\_\_

Blood Pressure: \_\_\_\_\_ / \_\_\_\_\_

HDL—Cholesterol: \_\_\_\_\_

Total Cholesterol: \_\_\_\_\_

Diabetes: Yes: \_\_\_\_\_ No: \_\_\_\_\_

Treatment for Hypertension: Yes: \_\_\_\_\_ No: \_\_\_\_\_

Smoker: Yes: \_\_\_\_\_ No: \_\_\_\_\_

Return completed form to Wellness Coordinator, Aspirus—Medford,  
Occupational Health, 103 S Gibson St. Medford, WI 54451