

VOUCHER

Wellness Biometric Screening

Employer: Medford Public School District

Please Complete the Following:

First Name: _____

Birthdate: _____

Last Name: _____

____ Male ____ Female

To Schedule Your Wellness Biometric Screening Appointment:

1. Call Aspirus—Medford Business Health at (715) 748-8128 to schedule your appointment.
 - Request a “Wellness Biometric Screening Appointment” and indicate that you have a Voucher provided to you by Medford Area Public Schools. Please make sure that you state this so you don’t get billed for these labs as a part of your annual physical.
 - Appointments are available M-F 8AM—4:30PM.
 - This appointment will take approximately one-half hour and will include a fasting lab draw and vitals assessment. ALL PAPERWORK SHOULD BE LEFT WITH ASPIRUS—MEDFORD BUSINESS HEALTH STAFF.
2. *Your appointment must be completed by August 30, 2018.*

BIOMETRIC SCREENING DETAILS STAFF USE ONLY

Please complete the following for the Wellness Biometric Screening Appointment:

1. Did patient fast (no food or beverage—water and black coffee accepted) in the last 12 hours?
_____ YES _____ NO
2. Height: _____ Inches
3. Weight: _____ Pounds
4. Blood Pressure: _____ / _____ (Repeat if > 140/90) _____ / _____
5. Resting Pulse: _____ beats per minute
6. Body Fat %: _____
7. Glucose: _____
8. Total Cholesterol: _____
9. Triglycerides: _____
10. HDL: _____
11. LDL: _____
12. Ratio: _____

Signature of Staff Completing Screening: _____

Date of Screening: _____

Location of Screening: _____

Return completed form to Wellness Coordinator, Aspirus—Medford, Business Health, 103 S Gibson St. Medford, WI 54451