

2019

Over-the-Counter (OTC) Drug Catalog



SecurityHealth PlanSM

Promises kept, plain and simple.[®]

2019 Over-the-Counter (OTC) Drug Catalog

Security Health Plan understands that over-the-counter (OTC) drugs and supplies can be expensive. That's why we are offering you a way to save money on these items and have them conveniently delivered to your home. There are eight categories of over-the-counter products you can choose from:

- antacids, antidiarrheals and laxatives
- cough, cold & allergy
- diabetes management
- eye and ear care
- oral care
- pain relievers
- skin care-topical
- *vitamins, minerals and supplements

Plans excluded from this service are Ally Rx D-SNP, Secure Saver MSA, BadgerCare Plus, Senior Security Medicare Select, Medicare Supplement, Security Administrative Services, Family Health Center and State of Wisconsin plans.

How the service works

Each plan subscriber is eligible for a \$30 quarterly OTC credit to purchase select OTC health and wellness products through the OTC Drug Catalog.

The \$30 credit expires at the end of each quarter. Any unused credit will not carry over to the next quarter. If your order exceeds \$30, please include payment information (check, money order or credit card) with your order. You may place one order per quarter.

View the online catalog for the most current information at www.securityhealth.org/OTC

OTC product and delivery information

- When placing an order, you will receive the generic equivalent of the name-brand drug or a similar product.
- If you choose a product that is unavailable or not in stock, a similar product may be substituted at no additional charge.
- Similar products are used for the same purpose but may have different ingredients, strength, dosage form or package size.
- Orders will be shipped to your home by the US postal service at no extra cost to you. Please allow 14 business days upon receipt of order to receive shipment.

Three ways to order:



Log in to your *My Security Health Plan* account at www.securityhealth.org to place your order. If you don't have an account, register at www.securityhealth.org/registration



Complete the OTC product order form and fax to 715-221-9719.



Complete the OTC product order form and mail it to the following address:

SHP OTC Program
PO Box 8000
Marshfield, WI 54449

Mail orders must be received by March 15, June 15, Sept. 15 and Dec 15.

The OTC Drug Catalog and product order form can be found at www.securityhealth.org/OTC.

If you have any questions, please contact our Pharmacy Benefits Department at 1-877-216-8533 or 715-221-9208, Monday-Friday 8 a.m. to 5 p.m. If you are hearing- or speech-impaired, please call TTY: 711.

2019 OTC product list

This product list is subject to change.

Item#	Name	Compared to	Minimum Package size	Price
Antacids, antidiarrheals and laxatives				
46432	Famotidine - acid reducer (Strength varies based on availability, 10-20 mg)	Pepcid AC®	25 ct	\$4.00
10202	Ranitidine 75 mg tablet - acid reducer	Zantac®	24 ct	\$6.00
7893	Calcium carbonate 500 mg - antacid chewable tablet	Tums®	96 ct	\$3.00
7894	Calcium carbonate 750 mg - antacid chewable tablet	Tums® Extra Strength	96 ct	\$4.00
9270	Simethicone 80 - 125 mg (strength varies based on availability) - gas relief	GasX®	18 ct	\$5.00
8370	Loperamide 2mg - antidiarrheal	Imodium® A-D	12 ct	\$3.00
25065	Loperamide liquid - antidiarrheal (strength varies based on availability, 1 mg/5-7.5 ml)	Imodium® A-D liquid	4 oz	\$5.00
5678	Hemorrhoid (phenylephrine) ointment	Preparation H®	2 oz	\$4.00
28286	Medicated (witch hazel) pads	Tucks®	40 ct	\$5.00
32591	Lactase enzyme - dairy aid	Lactaid®	12 ct	\$6.00
8342	Fiber laxative tablet	FiberCon®	60 ct	\$6.00

Item#	Name	Compared to	Minimum Package size	Price
35585	Hemorrhoid (phenylephrine) suppository	Preparation H® supp	12 ct	\$8.00
8762	Bisacodyl tablet (strength varies based on availability, 5-10 mg)	Dulcolax®	10 ct	\$3.00
7950	Milk of magnesia 400 mg/5 ml liquid	Phillips® Milk of Magnesia	3 oz	\$3.00
8420	Peptic relief 262 mg - pink bismuth	Pepto Bismol®	24 ct	\$4.00
26970	Pink Bismuth (strength varies based on availability 262 - 525 mg/15 ml) suspension	Pepto Bismol® liquid	4 oz	\$3.00
13563	Polyethylene glycol powder	Miralax®	4.1 oz	\$7.00
26397	Senna 8.6 mg - natural vegetable laxative tablet	Senokot®	100 ct	\$4.00
9101	Docusate sodium 100 mg softgel - stool softener	Colace®	100 ct	\$5.00
13483	Senna 8.6 mg + docusate 50 mg tablet - laxative/ stool softener	Senokot-S®	60 ct	\$3.00
9240	Magnesium citrate liquid - laxative	Citroma®	10 oz	\$3.00
66559	Enema - saline laxative	Fleet® Enema	4.5 oz	\$3.00

Item#	Name	Compared to	Minimum Package size	Price
Cough, cold and allergy				
25093	Daytime cold and flu softgel	DayQuil®	16 ct	\$5.00
46071	Diphenhydramine 25 mg - allergy	Benadryl®	24 ct	\$4.00
48831	Diphenhydramine 12.5 mg/5 ml - children's allergy liquid	Children's Benadryl Allergy Liquid®	4 oz	\$3.00
23944	Nasal decongestant PE tablet (phenylephrine 10 mg)	Sudafed PE®	36 ct	\$3.00
25094	Night time cold and flu softgel	NyQuil® Contac PM®	16 ct	\$7.00
48591	Throat spray (phenol 1.4%)	Chloraseptic®	6 oz	\$3.00
30354	Throat lozenge (benzocaine/menthol)	Cepacol®	16 ct	\$3.00
53497	Cough syrup DM (100-200 mg dextromethorphan 10 mg/5 ml, strength varies based on availability)	Robitussin® DM syrup	4 oz	\$3.00
20505	Cough drop - sugar free		24 ct	\$3.00

Item#	Name	Compared to	Minimum Package size	Price
16886	Cough drop		24 ct	\$3.00
53495	Cough syrup DM sugar free (100-200 mg dextromethorphan 10 mg/5 ml, strength varies based on availability)	Robitussin® DM - sugar free	4 oz	\$6.00
49291	Cetirizine 10 mg - allergy tablet	Zyrtec®	14 ct	\$4.00
60563	Loratadine 10 mg - allergy tablet	Claritin®	30 ct	\$4.00
60562	Loratadine 5 mg/5 ml - allergy relief liquid	Claritin® Children's Liquid	4 oz	\$7.00
34062	Nasal decongestant spray (oxymetazoline)	Afrin® nasal spray	15 ml	\$3.00
37683	Fluticasone nasal spray	Flonase® OTC	0.34 oz	\$9.00
34291	Saline nasal spray	Ocean®, Ayr®	30 ml	\$3.00
26743	Sinus headache (acetaminophen/ phenylephrine)	Tylenol® Sinus	24 ct	\$7.00
36145	Triamcinolone - allergy nasal spray	Nasacort® Allergy 24 hour	0.57 oz	\$16.00

Item#	Name	Compared to	Minimum Package size	Price
17802	Dextromethorphan 30 mg/5 ml - cough liquid	Delsym® Adult	89 ml	\$9.00
Diabetes management				
12426	Glucose 4 gm chewable tablet	DEX4® Glucose	50 ct	\$5.00
38081	Glucose 40% gel	Glucose	112.5 gm	\$11.00
5400	Diabetic skin relief foot cream	Gold Bond® Diabetic Skin Relief Foot Cream	3.4 oz	\$6.00
Eye and ear care				
34401	Earwax treatment (carbamide peroxide) drop	Debrox®	0.5 oz	\$3.00
4053	Artificial tear (unit dose)	Thera Tears®	28 ct	\$11.00
19719	Lubricating (polyvinyl alcohol) eye drop		15 ml	\$6.00
86960	Lubricating eye ointment (mineral oil/white petrolatum)		3 gm	\$8.00
28346	Artificial tear (glycerin/hypromellose/ polyethylene glycol)	Visine® Tears	0.5 oz	\$3.00
14744	Eye drop - redness reliever (hypromellose/ naphazoline)		0.5 oz	\$5.00

Item#	Name	Compared to	Minimum Package size	Price
Oral care				
864	Denture adhesive	Fixodent® / Poly-Grip®	0.75 oz	\$4.00
92	Effervescent denture cleaner	Efferdent®	44 ct	\$6.00
51085	Toothpaste	Crest® / Colgate® / Aqua-Fresh® / Pepsodent®	4 oz	\$4.00
55300	Toothbrush		1 ct	\$3.00
9213	Dental floss		1 ct	\$3.00
94200	Sensitive toothpaste		4 oz	\$9.00
12200	Benzocaine 7.5-20% - oral anesthetic gel		0.1875 oz	\$4.00
Pain relievers				
16964	Acetaminophen 325 mg tablet	Tylenol® Regular Strength	100 ct	\$3.00
16892	Acetaminophen 500 mg caplet	Tylenol® Extra Strength	100 ct	\$3.00
16720	Aspirin 325 mg - coated tablet	Ecotrin®	100 ct	\$3.00
161	Aspirin 81 mg - coated tablet	Bayer® Adult Low Strength EC	120 ct	\$5.00
16713	Aspirin 81 mg - chewable tablet		36 ct	\$3.00
10414	Headache formula - aspirin/acetaminophen/caffeine	Excedrin®	100 ct	\$4.00

Item#	Name	Compared to	Minimum Package size	Price
35743	Ibuprofen 200 mg	Advil® / Motrin®	50 ct	\$3.00
47132	Naproxen sodium 220 mg	Aleve®	50 ct	\$4.00
33560	Topical pain cream (capsaicin strength varies on availability 0.025-0.075%)	Zostrix®	57 gm	\$5.00
19945	Cold and hot patches	Icy Hot® Patches	5 ct	\$5.00
80609	Muscle rub cream (methyl salicylate 15% - menthol 10%)	Ben Gay® Greaseless	2 oz	\$4.00
16400	Muscle rub gel (menthol 2.5%)	Vanishing Scent Ben Gay®	2 oz	\$4.00
Skin care - Topical				
30370	Clotrimazole 1% cream	Lotrimin® AF	14 gm	\$4.00
30942	Hydrocortisone 1% cream	Cortaid®	28 gm	\$3.00
30951	Hydrocortisone 1% ointment	Cortaid®	1 oz	\$4.00
34477	White petrolatum	Vaseline®	1 oz	\$5.00
84348	Sunscreen SPF 15-30		5 oz	\$9.00

Item#	Name	Compared to	Minimum Package size	Price
224	Sunscreen SPF 45-60		5 oz	\$9.00
30310	Tolnaftate 1% antifungal cream	Tinactin®	14 gm	\$4.00
85459	Triple antibiotic ointment	Neosporin®	0.5 oz	\$3.00
31812	Bacitracin ointment		15 gm	\$3.00
97587	Calamine lotion	Calamine®	6 oz	\$5.00
22931	Benzoyl peroxide 5% gel - acne		1.5 oz	\$4.00
30400	Miconazole 2% cream - antifungal	Micatin®	1 oz	\$4.00
94210	Band aids - 3/4 "		30 ct	\$3.00
94209	Band aids - assorted		30 ct	\$3.00
Vitamins and minerals**				
95500	Daily multivitamin and mineral		30 ct	\$5.00
57070	Calcium carbonate 600 mg + vitamin D 800 IU tablet (strength varies on availability)	Caltrate® 600+D	60 ct	\$5.00

Item#	Name	Compared to	Minimum Package size	Price
57641	Calcium citrate 200 mg plus vitamin D 250 IU tablet (strength varies based on availability)	Citracal w/D®	60ct	\$5.00
223	Vitamin D3 (cholecalciferol) 1000 IU tablet		90 ct	\$3.00
94534	Vitamin E (strength varies based on availability 100-1000 IU)		60 ct	\$3.00
4091	Magnesium oxide 400 mg tablet	Mag-Ox®	120 ct	\$3.00
94566	Vitamin B12 tablet (strength varies on availability 100 - 1000 mcg)		100 ct	\$3.00
10510	Iron - ferrous gluconate 240 mg (27 mg elemental iron) tablet		100 ct	\$3.00
94971	Vitamin B6 tablet (strength varies on availability 25-100 mg)		60 ct	\$3.00
94230	Vitamin B complex		60 ct	\$6.00
4695	Iron - ferrous sulfate 324-325 mg (65 mg elemental iron) tablet		100 ct	\$6.00
94325	Vitamin C (strength varies on availability 250 - 500 mg)		100 ct	\$3.00
95540	Eye care vitamin tablet (lutein)		30 ct	\$5.00

Item#	Name	Compared to	Minimum Package size	Price
95176	Complete senior vitamin and mineral tablet	Centrum® Silver	60 ct	\$5.00
94783	Folic acid tablet (strength varies on availability 400 - 800 mcg)		60 ct	\$3.00
14172	Flaxseed oil 1000 mg softgel		90 ct	\$6.00
8443	Coenzyme Q10 (strength varies on availability 50 - 200 mg)		30 ct	\$11.00

** Vitamins, minerals and supplements should only be taken under the recommendation of your doctor. Debate exists on the merits of supplements, so it is important to speak with your doctor before taking them, especially if you have a serious medical condition.

OTC medicines are generally safe but can interact negatively with other medicines, both OTC and prescription. Consult with your health care provider or pharmacist prior to purchase. Always read label and packaging instructions to know how much you should take, when to take it, what side effects you may encounter, and what potential interactions you may have with other medicines. General precautions include: OTC products should only be used when needed and as directed; never exceed the recommended dosage; if pregnant or breastfeeding, ask a health professional before use; keep out of reach of children; if a health problem persists or worsens while taking an OTC medicine, consult your health care provider immediately.

Security Health Plan of Wisconsin, Inc. complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation or health status.

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-800-472-2363 (TTY: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-472-2363 (TTY: 711).

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-472-2363 (TTY: 711).

Security Health Plan is an HMO-POS, MSA and D-SNP plan with a Medicare contract. Enrollment in Security Health Plan depends on contract renewal.

SecurityHealth PlanSM

1515 North Saint Joseph Avenue
PO Box 8000
Marshfield, WI 54449-8000

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